

THE MORNING CALL

PRIME EXPO

MAKING THE MOST OF LIFE AFTER 50

(Formerly The Morning Call Successful Aging Expo)

A full day of expert speakers and exhibitors offering services, products and the latest information to keep you healthy and vibrant.

SATURDAY, JUNE 16, 2018 - 9AM - 4PM

SANDS BETHLEHEM EVENT CENTER • 77 SANDS BLVD., BETHLEHEM PA

Doors Open 8:45AM • FREE ADMISSION



Guest Speaker Jim Miller is the creator of **Savvy Senior**, a syndicated information column for older Americans and their families that is published in more than 300 newspapers and magazines nationwide. Jim is also a contributor on NBC's "Today" show and is the author of a book, *The Savvy Senior: The Ultimate Guide to Health, Family and Finances for Senior Citizens*. His presentation will be on: **"Great Gadgets for Easier Aging"**. These products can help those who have physical challenges with mobility, hearing, vision, memory and driving, as well as operating personal technology devices.

FREE SEMINARS

BERKS & BUCKS SEMINAR ROOMS
ADJACENT TO SANDS EVENT CENTER

Don't Miss Our First Speakers! LIMITED SEATING

BUCKS ROOM

- 9 AM - Life at Moravian Village** Moravian Village, (Valerie Stumer-Heller, Director of Marketing, Market Street Cottages at Moravian Village of Bethlehem, Sara Memoli, MS, OTR/L Good Shepherd Rehabilitation at Moravian Village, Judith Murphy, Cottage Event Coordinator, Market Street Cottages at Moravian Village)
- 10 AM - Minimally Invasive Spine Surgery** Coordinated Health (Dr. Christopher Wagener, Orthopedic Spine Surgeon)
- 11 AM - Shoulder Pain - Common Causes & Treatments** Coordinated Health (Dr. Dan Terpstra, Orthopedic Shoulder Surgeon)
- 12 PM - Home Care Outcomes & Benefits** At Home Health Care Services (Patrick Stonich, CEO & Chief of Nursing)
- 1 PM - Knee Pain - Causes & Treatment** Coordinated Health (Dr. Nicholas Slenker, Orthopedic & Sports Medicine Surgeon)
- 2 PM - Successful Aging - Vascular Health** Coordinated Health (Dr. Prasant Pandey, Cardiologist, Venous Insufficiency Specialist)
- 3 PM - Feet** PA Foot & Ankle Associates, (Dr. Elliott Busch, Doctors of Podiatric Medicine)
- 4 PM - Living with Dementia/Alzheimer's Disease** Legend of Allentown - Senior Living (MJ Dugas, Resident Director)

* Seminar and entertainment schedule subject to change.

BERKS ROOM

- 9 AM - Back to Life Without the Knife: Nonsurgical Options For Your Spine, Joint And Tendon Problems** Specialty Spine, Sports & Pain Management at Northeastern Rehabilitation Assoc., (Dr. Scott Naftulin, Physician)
- 10 AM - Fixed Teeth for a Lifetime** Lehigh Valley Oral Surgery & Implant Center (Dr. Ahmad Chaudhry, DMD, MD, Oral Surgeon)
- 11 AM - Don't Go Broke in a Nursing Home** The Law Offices of Nancy K. Busch (Nancy Busch, Estate Planning & Elder Law Attorney)
- 12 PM - How to Get Your Body to Last 110 Years** Robbins Rehabilitation (Travis Robbins, Co-owner/Physical Therapist)
- 1 PM - Stem Cell Treatments for Arthritis & Joint Pain - What You Need to Know** Sachdev Orthopedics/Steward Easton Hospital (Dr. Ranjan Sachdev, MD, Managing Physician)
- 2 PM - Preserving Your Life Savings With An Asset Protection Trust** Vasiladis Pappas & Associates LLC (Stanley Vasiladis, Certified Elder Law Attorney)
- 3 PM - Making The Most of Life after 50** Beacon Capital Management/Hittinger Financial (Michael Pilon, Sr. Regional Director & Kevin Hittinger, President of Hittinger Financial)
- 4 PM - Healthy Weight Loss** Dr. Augello Health & Body Makeover (Dr. Mark Augello, Chiropractor & Owner)

PLUS ENTERTAINMENT, REFRESHMENTS, AND DOZENS OF VENDORS PROVIDING PRODUCTS AND SERVICES

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Moravian King's Daughters Home

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